



"Año de la Diversificación Productiva y del Fortalecimiento de la Educación"

Supervisión de acceso a las bases de datos ScienceDirect y Scopus

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LISTA DE VERIFICACIÓN

Ingresa a la base de datos ScienceDirect (www.sciencedirect.com):

Si

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ScienceDirect - Se puede descargar artículo en texto completo:

Si

ScienceDirect - Acceso a Backfiles Pre-1995:

No

COMENTARIOS

Varios meses estuvo desactivada el servicio de acceso a Internet debido a traslado de local.

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* Adjuntar captura de pantalla de acceso a ScienceDirect y Scopus

The screenshot shows a web browser window displaying the ScienceDirect search results for the term 'mindfulness'. The browser's address bar shows the URL: www.sciencedirect.com/science?_ob=ArticleListURL&method=list&ArticleListID=-923156771&sort-r&st-13&view-c&md5-90. The page features an advertisement for Elsevier's WebShop and Translation Services, which is now available in 15+ languages. The ScienceDirect logo is prominently displayed at the top left, along with navigation links for Journals, Books, Shopping cart, Sign in, and Help. A search bar at the top contains the term 'mindfulness'. Below the search bar, the results show 6,965 results found. The left sidebar includes 'Refine filters' for Year (2016: 266, 2015: 1,359, 2014: 941, 2013: 792, 2012: 659) and Publication title (Behaviour Research and Therapy: 243, Cognitive and Behavioral Practice: 208, EXPLORE: The Journal of Science and Healing: 187, Personality and Individual Differences: 175, Clinical Psychology Review: 132). The main content area lists several articles, including 'Mindfulness based meditation to decrease stress and anxiety in college students: A narrative synthesis of the research' by Mandy D. Cember and Joanne Kraenzle Schneider, 'The mindful personality: Associations between dispositional mindfulness and the Five Factor Model of personality' by Adam W. Hanley, and 'Mindfulness-based Stress Reduction in Addition to Usual Care Is Associated with Improvements in Pain, Fatigue, and Cognitive Failures Among Veterans with Gulf War Illness' by David J. Keane et al. The right sidebar shows 'Related books' such as 'Mindfulness-Based Treatment Approaches' by Ruth A. Beer. The bottom of the browser window shows several open PDF files: 'FMQ self control.pdf', 'FMQ validation L.pdf', and 'Mindfulness college ...pdf'.

SD 6,965 Search x SD 10 Search F x Scopus Do x Scopus Do x medición ve x Test de velo x Cual es mi i x Nueva postaña x

www.scopus.com/record/display.uri?eid=2-s2.0-78651360649&origin=resultslist&sort=plf-f&src=s&st1=FFMQ+and+validation+and

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Psychology of Addictive Behaviors
Volume 74, Issue 4, December 2010, Pages 608-616

Measuring Mindfulness and Examining Its Relationship With Alcohol Use and Negative Consequences (Article)

Fernandez, A.C. Wood, M.D., Stein, L.A.R., Rossi, J.S.

Department of Psychology, University of Rhode Island, 10 Chafee Road, Suite 6, Kingston, RI 02881, United States

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Abstract

Mindfulness has been proposed as a useful adjunct to alcohol abuse treatment. However, very little research has examined the basic relationship between alcohol use and mindfulness. Inconsistency in definition and measurement of mindfulness across studies makes such research difficult to interpret and conduct. Therefore, the current research sought to validate an emerging mindfulness measure, the Five Facet Mindfulness Questionnaire (FFMQ) and examine its relationship with alcohol use and alcohol-related negative consequences among a sample of 316 college-aged adults. The purported factor structure of the FFMQ was examined using confirmatory factor analysis. Structural equation modeling was used to examine relations among mindfulness, alcohol use, and alcohol-related negative consequences. Consistent with past research, results supported the five-factor structure of the FFMQ. Structural equation modeling analyses revealed that two awareness-based factors of mindfulness were negatively related to alcohol use. After controlling for alcohol use, one acceptance-based factor (nonjudging of thoughts and feelings) was negatively related to alcohol-related consequences, and one awareness-based factor was positively related to consequences (all p s < .05). Effect sizes were small-medium. The results reported here inform the burgeoning development of mindfulness-based addiction treatment and provide additional psychometric validation of the FFMQ. © 2010 American Psychological Association.

Cited by 34 documents

- Elucidating the Association Between Trait Mindfulness and Alcohol Use Behaviors Among College Students
Karyadi, K.A., Cyders, M.A. (2015) Mindfulness
- Nonjudging Facet of Mindfulness Predicts Enhanced Smoking Cessation in Hispanics
Spears, C.A., Houchins, S.C., Stewart, D.W. (2015) Psychology of Addictive Behaviors
- Staying in the Moment and Finding Purpose: The Associations of Trait Mindfulness, Centering, and Purpose in Life with Depressive Symptoms, Anxiety Symptoms, and Alcohol-Related Problems
Pearson, M.W., Brown, D.H., Havin, A.J. (2015) Mindfulness

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- Effects of mindfulness on psychological health: A review of empirical studies
Kong, S.-L., Smeets, M.J., Robins, C.J. (2011) Clinical Psychology Review

FMQ selfcontrol.pdf FMQ validation1.pdf Mindfulness collegepdf

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15/01/2016

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